Ear Protection Installation Guide

This guide shows how to fit the ear protection set to your Sjø Protection helmet.



Helmet and ear/neck protection panel

Take off the rear buckles and elastic bands (newer helmets)

Locate the black buckles and elastic bands on the rear straps of the helmet. Unclip them from the webbing loop and unthread them, as shown below.



Unthread the rear buckle from the webbing loop



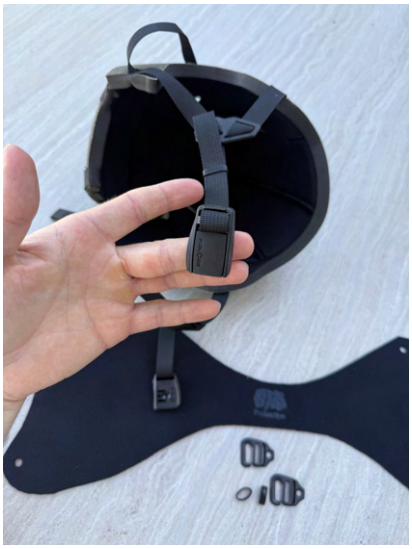
After unthreading it should look like this.

Unthread the webbing and unclip the chin strap buckle

Pull the webbing fully out of the guides on the back of the helmet, and unclip the chin-strap buckle. This gives you the slack you need to thread the ear flaps onto the helmet in the next step.



Webbing unthreaded from the guides



Unclipped chin-strap buckle

Thread the ear flaps

The ear flap has two holes in the fabric along its back edge, meant for the size adjustment straps, and one hole at the front bottom, meant for the chin strap. Thread the straps through the holes as illustrated in the pictures.



Panel mounted behind the helmet, ear flaps hanging free



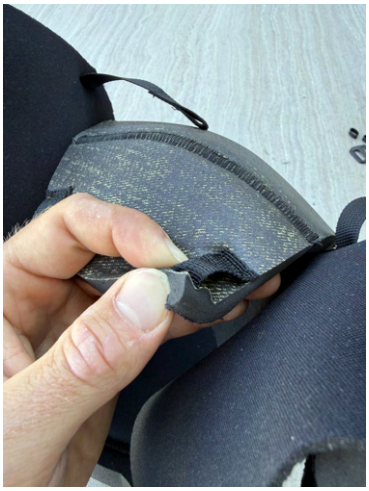
Ear flap with loop tabs and strap

Thread the webbing back through the helmet guides

Compress and push down the material inside the guides. This is most easily done with two hands sticking your fingers into the small loop for the webbing to go through. Do this to give the size adjustment straps more room to easily pass through as illustrated.



Compressing and pushing down the material inside the guides



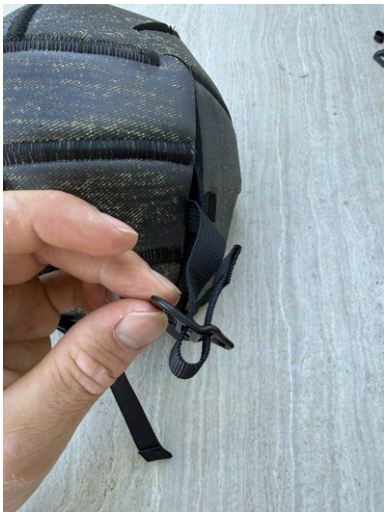
Compressing and pushing down the material inside the guides



Threading the webbing through the helmet guide

Secure the side buckles

With the ear flaps attached, thread the buckles and elastic bands back on the webbing as illustrated below. Hook the buckles back in to one of the two hook positions on the left side webbing.



Threading the buckle



Buckle and elastic band correctly threaded.



Hooked back in, here on the outer hook positions. Place the hook on the inner position if your helmet feels slightly too big.

Final check

The final result should look like this. Congratulations! You have now installed your ear protection.



Fully assembled helmet, ready to wear



Inside view with both ear flaps fitted

If you have any questions about fitting your ear protection, feel free to contact us — we're happy to help.